



### **INFORMED CONSENT FOR HYPNOTHERAPY**

I hereby request and consent to the performance of hypnotherapy by the therapist/technician named below or other therapists/technicians at Mind Body & Beyond.

I understand that hypnosis is a way of inducing a voluntary state of relaxed attentive concentration, an altered state of consciousness, during which the conscious critical mind is relaxed and relatively inactive, and the doorway to the subconscious, inner mind, is opened with a person's permission. In this non-sleeping state, suggestibility is heightened, mental absorption is increased, the senses are heightened, and the imagination is activated in a controlled manner. During hypnosis you will remain aware of your surroundings. I understand that no one can be hypnotized against their will or be made to do anything he is not willing to do. You must be a willing subject for hypnosis to work. Hypnosis is a collaborative and cooperative teacher-student relationship.

I understand that hypnosis is neither a "truth serum" nor is it a substitute for a medical examination and I will seek health care for those services. I accept that hypnosis promises no long-term results or that it will cure my health problems. When hypnosis is used as a tool to refresh memory, some, much, or none of the memory material recalled under hypnosis may have a basis in objective reality. Material recalled or generated under hypnosis can represent actual memories, distorted memories, fantasies symbolic of inner conflict, combinations of memory and fantasy, or could have other bases. I understand that hypnosis may bring about the release of old emotions such as grief, sadness or anger as part of the healing process either during or after the session.

I understand that the hypnotherapist and Mind Body & Beyond shall not be liable for any damages arising from psychological and/or personal injuries sustained by a client during their session and the client has this session at his/her own risk. Client assumes full responsibilities for any injuries or damages which may occur during and/or after the session. I hereby fully and forever release and discharge Mind Body & Beyond and the hypnotherapist, its assigns and agents from all claims, demands, damages, rights of action, present and future therein.

If at any time during the session the client or therapist/technician is uncomfortable for any reason, they shall immediately say so. Sexual advances of any kind will not be tolerated. I realize that I am free to discontinue my therapy/treatment at any time. Children are not permitted in the therapy room and must have childcare provided for them during the session. Mind Body & Beyond does not provide childcare services.

Cancellation Policy: A 24-hour notice is required for cancellation of your session. After 1 (one) cancellation within 24 hours of your appointment, you will be billed for the 2nd cancellation. No call, no shows will not be rescheduled after their 2nd no call, no show.

All information will be kept strictly confidential and will remain with your therapist and Mind Body & Beyond unless written consent is given. Client contact notes will be retained by your therapist as required by law.

Your signature (electronic and/or physical) below indicates that you have read this Agreement and voluntarily agree to the terms.

Signature: \_\_\_\_\_ Therapist/Technician: \_\_\_\_\_

Date: \_\_\_\_\_